

Cycling in the South West of England offers a rider an overwhelming sensory sensation – From stunning beaches, green spaces, woodlands, lakes & more, covering a wide range of landscapes. There's so much to explore in Somerset and the neighbouring counties, including Dorset to the South East and Devon in the South West.

From wildflower meadows, beach waterfalls, ancient wells, unique carvings & underground reservoirs, these hidden gems can be found in addition to the well-known landmarks, such as Glastonbury Tor, Cheddar Gorge, Wells Cathedral and Exmoor, all of which have secrets of their own to be explored.

The breath-taking landscape allows you to forgive the area for the challenging inclines that you get, as you ride into the pretty villages or up on to the top of spectacular moors with beautiful vistas, but remember the highs create great downhill opportunities.

This challenging terrain, the scenic routes, and diverse landscape provide not only the perfect training environment for cycling events in Europe

and the UK but also a fabulous place to spend time on holiday.

Our tours are designed to help both novice and experienced riders build their confidence, endurance and skills. Our expert guides will provide a social experience and be on hand to assist where needed.

In addition to giving your training a boost, our tours allow cyclists to meet other like minded riders and make new friends.

With the assistance of a support vehicle and the transfer of your luggage, our Port Velo Tours combine lovely accommodation, three days of fully guided and supported riding with breakfast, lunch & dinner included, to create a truly professional level experience. Best of all, with a three-night itinerary and a location easily accessed from across the UK, guests can leave work on Thursday, complete the full tour ready to depart on Monday a stronger and more knowledgeable cyclist.

We know this is not just a challenge but it is also a holiday and we will keep it fun!

# ARRIVAL THURSDAY 14TH SEPTEMBER

Welcome to Port Velos 'Three Counties' riding adventure. Four nights, staying in hand selected hotels along our journey within the stunning South West of the UK which we have the privilege of calling home. We will guide you on a three-day riding holiday, one you will never forget, around a place many people know for its wonderful landscapes but few people know about the wonderful rides.

Upon arrival at Cadbury Hotel, feel free to walk and stretch your legs and discover the hotels facilities. These include a spa & facilities with beautiful grounds where you can assemble & prepare your bike. A welcome briefing & meeting your guides & fellow riders will conclude with dinner at 7:30pm



## DAY ONE FRIDAY 15TH SEPTEMBER

Breakfast: 8-8:30am

Depart for road ride: 9:30

Destination: Sherborne

Distance: 68.6miles

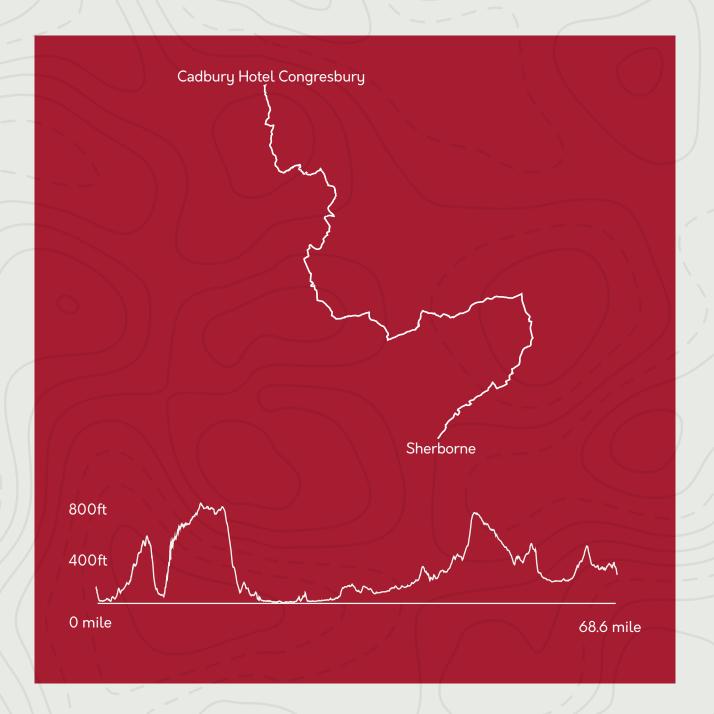
Climbing Total: 3749ft

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Lunch: Castle Cary

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Dinner: 7:30pm

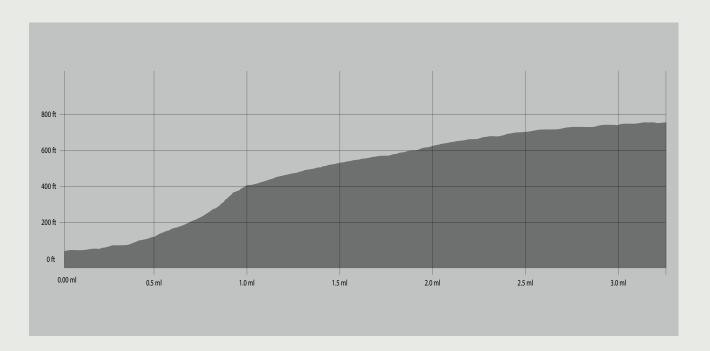


#### DAY ONE FRIDAY 15TH SEPTEMBER

Cheddar Gorge is one of the must-ride climbs of not only the South West, but of the entire UK thanks to how it's seemingly carved into the surrounding rock and makes it exciting and a challenging experience.

It winds up the depression in an alp-like snake, the route winds through towering cliffs and picturesque countryside, offering breath taking views of the surrounding landscape, first switching back at the bottom around a steep bend that reaches 24 per cent, before gently sweeping to the very top. The climb encourages you to attack as the gradient relaxes after the initial steepness. It largely levels off – which means the overall average gradient sits at four per cent. Don't be fooled, however, for a fast time, you need to maintain your power output for the entire length of the 5km climb.

As a result, if ridden hard, this is a painful climb – suiting the masochists among you. What's more, as the gradient almost completely levels out to three per cent near the top, you can genuinely sprint to the finish line at the junction.





Cheddar Gorge

Distance: 3.23ml

Highest Elevation: 813ft

Elevation Gain: 703ft

Average Gradient: 4.1%

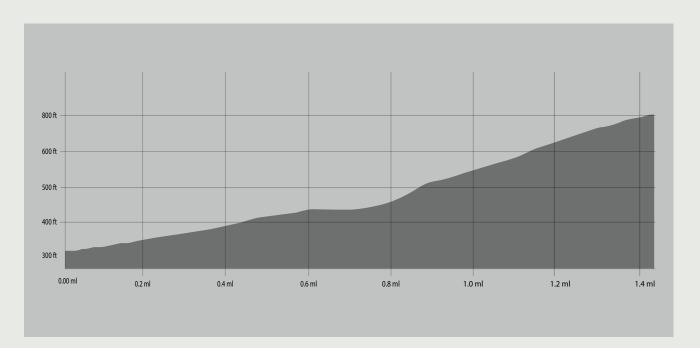
Maximum Gradient: 24%

#### DAY ONE FRIDAY 15TH SEPTEMBER

As we wind our way towards Sherborne, we pass through Bruton, towards one of our favourite climbs. It is not on any top 10 or 50 list of climbs but is one of those that when you have ridden it you appreciate it for what it is.

We don't have very many long climbs here in the UK, and this is only 1.42 miles long with an average gradient of 5.3%. It is also not very technical, yet it is a climb that slowly catches up on you. We love it because it is a steady gradient that allows you to tap it out and only really ramps up near the top as you pass through a beautiful, forested area. You can look left and catch glimpses of what lies in the valley below.





**Druley Hill** 

Distance: 1.42ml

Highest Elevation: 725ft

Elevation Gain: 403ft

Average Gradient: 5.3%

Maximum Gradient: 11.6%

# DAY TWO SATURDAY 16TH SEPTEMBER

Breakfast: 8-8:30am

Depart for road ride: 9:30

Destination: Devizes

Distance: 69.7miles

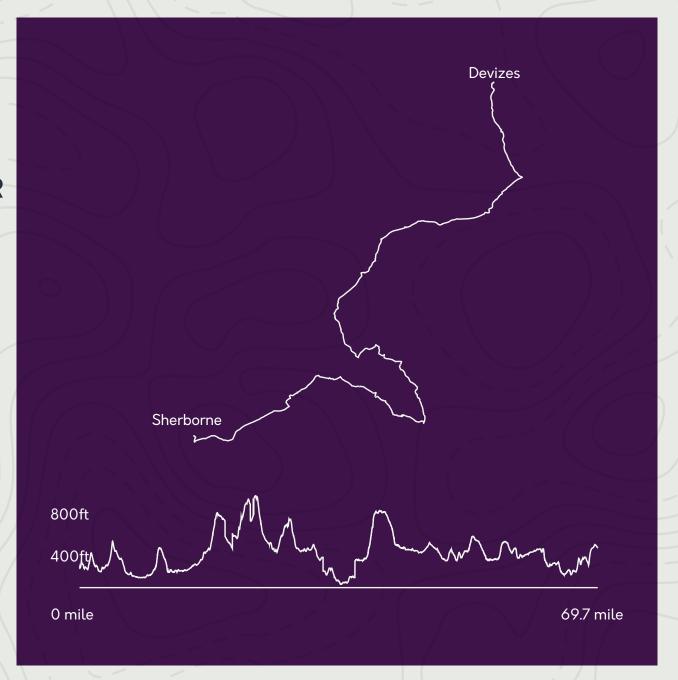
Climbing Total: 3972ft

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Lunch: Mere

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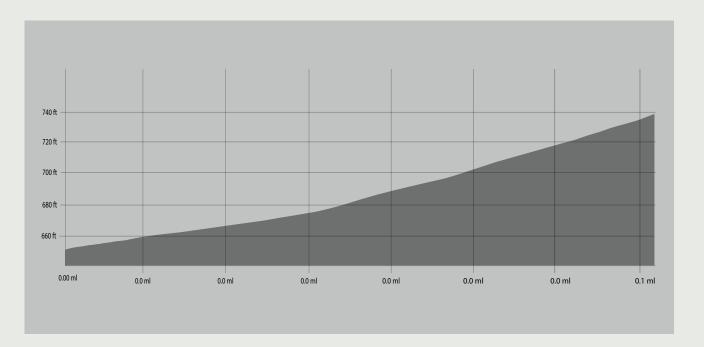
Dinner: 7:30pm



#### DAY TWO SATURDAY 16TH SEPTEMBER

Gold Hill is the centrepiece of the most picture-perfect chocolate box scene in the whole of Britain. Immortalized by the famous Hovis Bread TV ad, the view from the top attracts visitors from every corner of the globe. If you're going to attempt this climb then beware, as soon as you begin your ascent you too will become part of the attraction. Your every strained revolution will be scrutinized as your effort becomes entertainment - you dare not fail to reach the top! Starting at the junction with Layton Lane, following a brief stretch of tarmac the cobbles begin; it is extremely steep and the stones are also greasy and uneven so to aid traction try to stay seated. To make matters worse, every 10 metres or so you cross a ridge of larger stones that hit you like waves. You will be constantly forced to find the better line, as if navigating an uphill maze, you will be constantly forced to find the better line, as if navigating an uphill maze, to finish in the small sloping plaza in front of the cafe.





**Gold Hill** 

Distance: 0.10ml

Highest Elevation: 739 ft

Elevation Gain: 87 ft

Average Gradient: 21%

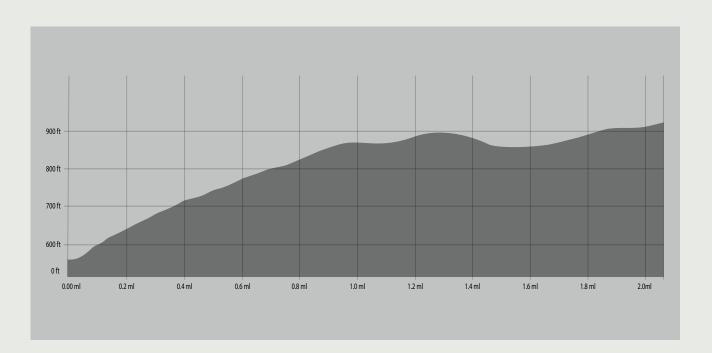
Maximum Gradient: 25%

#### DAY TWO SATURDAY 16TH SEPTEMBER

Just south of Shaftesbury sits the sweeping tangled bends of Zig Zag Hill. This mini-mountainesque ascent is perfect for riders wanting to hone their uphill cornering technique before heading off to the Alps or the Pyrenees.

Beginning where the tarmac changes colour, the surface is really rugged and there are also deep-set iron grilles to avoid. The first of the three hairpins is a tight right-hander, the next a left - through this the road bends right, tight left, right and into the third hairpin.

Ride smoothly into the bends, as the road levels slightly don't change up, spin the small gear, offer the legs a short rest then build a fraction more momentum before you exit and begin to push again. The slopes are steepest at the bottom, but not outrageous at 10%. Round a final sweeping left-hand bend and you exit the trees to ride the smooth upper slopes into Wiltshire to summit at the brow, just past a large carpark on your right.





Zig Zag Hill

Distance: 2.06ml

Highest Elevation: 911 ft

Elevation Gain: 397 ft

Average Gradient: 3.2%

Maximum Gradient: 10%

# DAY THREE SUNDAY 17TH SEPTEMBER

Breakfast: 8-8:30am

Depart for road ride: 9:30

**Destination: Congresbury** 

Distance: 72.4miles

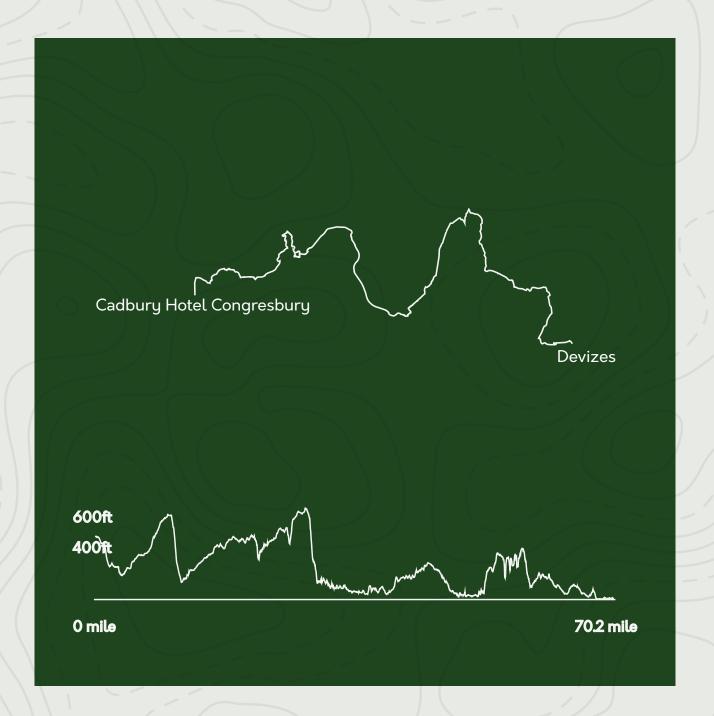
Climbing Total: 3073ft

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Lunch: Bristol

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Dinner: 7:30pm



#### DAY THREE SATURDAY 17TH SEPTEMBER

This is the final day and you will already have a lot of climbing in the legs. It is now time to slow down and take your time to immerse yourself in the best of the Cotswold countryside. Where rivers wind through rolling hills, to traditional Cotswold villages of golden stone and thatched cottages. Leaving Devizes, we descend Bowden Hill into the postcard perfect village of Lacock. After some time meandering through the village as we ride pass the Abbey, we continue our journey into the Cotswolds and the wonderful village of Castle Combe.



Leaving Castle Combe we take in the amazing sweeping views as we head into the UNESCO town of Bath. After spending some time taking in the sights of Bath we pick up the cycle path for a relaxed journey into Bristol. Bristol has numerous wonderful sights including the Harbourside, the world famous SS Great Britian, & the beautiful open space of the Downs. After visiting these, we sweep over the wonder that is Brunel's suspension bridge and head to where our wonderful adventure started, with a mindful of wonderful memories and legs that have earned a rest , you are now a stronger and more knowledgeable cyclist...



## WHAT'S INCLUDED AND HOW TO BOOK



The price is for 4 nights, single occupancy in a double room – £1297 per person. If you wish to book a double room with a partner, then please let us know at the time of booking as we are able to apply a discount to the stated price. Please note, there are only 8 places available, on a first come first served basis.

The trip cannot go ahead if less than 6 places are booked. Please note we have exclusive offers for group bookings.



Accommodation on our Port Velo tours vary in style, dependant on destination. We will hand select options that allow you to get the best out of each place you visit, giving access to the best roads possible. We will always strive to accommodate you in the best hotels. Ultimately, each hotel aims to give you a comfortable place to rest after a day in the saddle.



Delicious and nutritious meals and snacks throughout the tour, including breakfast, lunch, and dinner are included. We cater to a range of dietary preferences and needs, and can accommodate vegetarian, vegan, gluten-free, and other requests. Please let us know of any food intolerences or allergies when booking your trip. Lunch will normally be arranged along the route to showcase many of the fresh local treats, at local restaurants or cafes. You'll also enjoy timely stops with snacks provided to keep you fuelled throughout the day. (Only available on Guided and Supported Holidays).



Port Velo guides and tour leaders always have their focus on providing a great cycling experience and excellent customer service. They will be on hand to help you set your bikes up and pack them down, they can provide insightful riding techniques and will generally keep you motivated and having fun en-route. (Only available on Guided and Supported Holidays). We will provide you with GPS files plus a daily ride briefing each day.



At strategic points, you have the security of our dedicated support vehicle. In the van there will be some space for tired cyclists, allowing the chance of a well-earned break, if needed. You will also be able to leave extra layers or spare kit onboard during the day, meaning that there is no need to carry any equipment other than what you would carry on a normal day ride. When required, our van is also on hand to offer essential mechanical support too. (Only available on Guided and Supported Holidays).



We offer a good variety of sweet and savoury snacks from the van including fruit & seed bars, salty crisps, fresh fruit, various nuts, dried fruits, and cakes and we will have some energy or recovery products from our partners. This is limited in choice so please bring with you your preferred on the bike fuel.



As much as the riding is important, what is more important is creating an abundance of memories, we do our best to capture those in photos and videos which will be shared with you in the form of a digital photo album.



Along with digital memories we will provide a goody bag that contains a Port Velo Tour jersey, certificate of the ride and surprises from our partners.

### WHAT'S INCLUDED AND HOW TO BOOK

Email info@ portvelo.co.uk if you have any questions, or alternatively when you are ready to confirm, head to our website https://www.portvelo.co.uk and select the tour you are interested in and click on the 'Book' button and proceed to fill out the form(s).

Arrange payment of your £400 non-refundable deposit (unless in the event of Port Velo cancelling the tour) via the online credit card payment facility or via BACS.

When you receive your holiday confirmation from us and if our transfer details have already been released you can go ahead and book your flights/arrange your travel. For the latest travel advice from the Foreign & Commonwealth Office including security and local laws, plus passport and visa information, check www.gov.uk/foreign-travel-advice.

When you have booked your travel arrangements, please add your details via email with them so we can add it for you.

Sort out the compulsory insurance cover (to include cycle touring, medical costs and repatriation) and email those to us before the start of your holiday. Top tip: If you arrange insurance when you book you can also have cover in case of cancellation due to injury during your training, (unfortunately it does happen more often than you think!)

We'll remind you to pay your balance 60 days before your holiday.

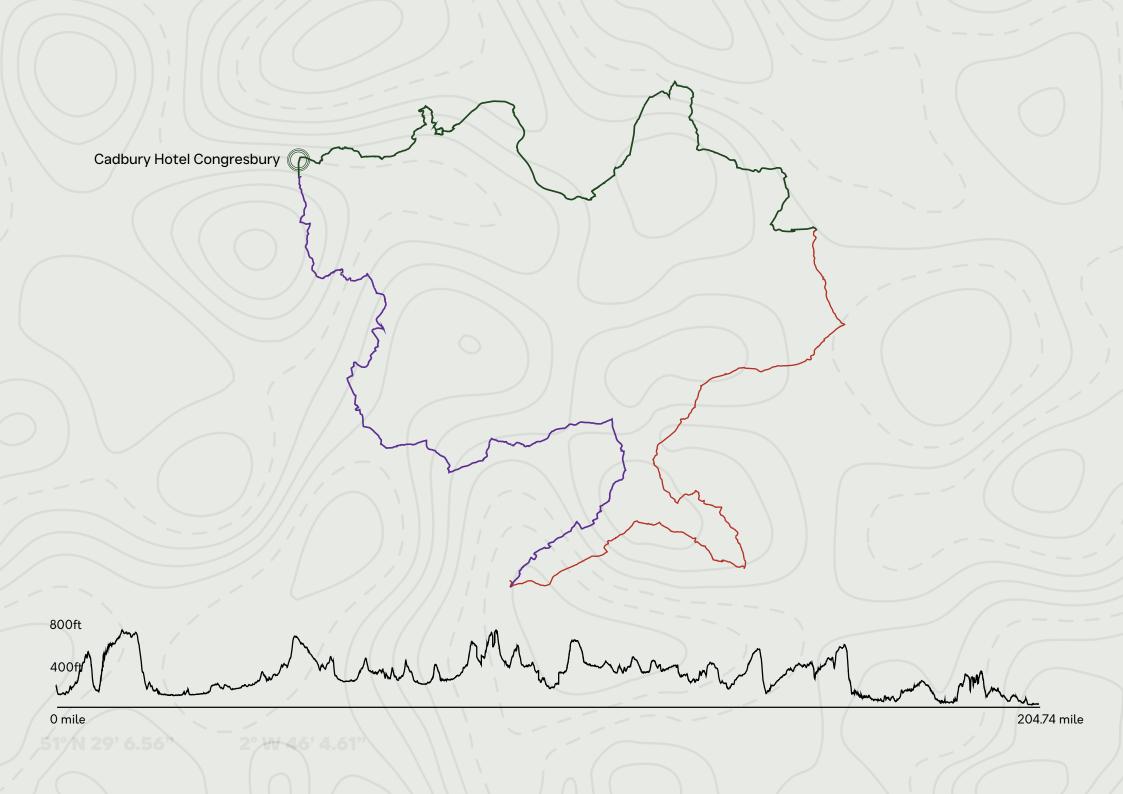
We'll let you know who your guides are a couple of weeks before your holiday and contact you the week before with final 'Meet & Greet' information.

Contact us at any time with questions.

Turn up and have an excellent holiday!

### WHAT'S NOT INCLUDED

- Flights
- Travel Insurances to include full medical cover
- Personal Hotel Expenses
- · Pre- Or Post-Tour Accommodation
- · Alcoholic drinks and soft drinks although it will be detailed when dinner and wine is included on some stops
- · Insurance cover for any of your possessions including, but not limited to, any sports equipment you take with you on your holiday





28 Keynsham

Feel free to get in touch M: +44 7442798257

Shepton

Mallet